



Darren Gavin
Corporate Relationship Manager

Looking after



always





Largest

Health & wellbeing
provider in Ireland

1100
companies

750
expert team

580k+
members

1800
Health &
Wellbeing
Programmes

laya | healthcare
proudly part of **AIG**

Who we look after, always



LS





Why? - The Partnership





Why? - Results recently published

352

**80% Male
20% Female**

**Monaghan
Cavan
Cork**

45-54

**highest at risk
group**

**50%
profession**



What? - Details of the programme



**Access to 24/7 MWSP
(EAP)**



Wellness Packages



**Discounted Corporate
Health Insurance**



What? - 24/7 Mental Wellbeing Support Programme



Access to Wellbeing Services

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Health & Wellbeing Journey



Joe Thompson
Work related stress



Joe's line Manger



REACH Mental Health First
Responders programme

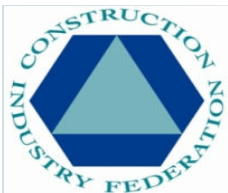


24/7 Mental
wellbeing support



Healthier Workforce

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Take the First Step
meeting our team outside..

www.spectrum.life/cif

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